

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

# Cardiovascular Update for the Primary Care Provider

Friday, June 12, 2015  
Seattle



Virginia Mason™

# Faculty

## COURSE DIRECTOR:

### **J. Susie Woo, MD, FACC**

Section of Cardiology, Department of Medicine  
The Heart Institute at Virginia Mason  
Seattle, Wash.

## FEATURED GUEST:

### **Zian H. Tseng, MD, MAS, FHRS**

Associate Professor of Medicine in Residence  
Cardiac Electrophysiology Section, Division of Cardiology  
University of California, San Francisco  
San Francisco, Calif.

## THE HEART INSTITUTE AT VIRGINIA MASON FACULTY:

### **Christopher L. Fellows, MD, FACC, FHRS**

Section Head, Cardiology

### **John R. Holmes, MD, FACC**

Section of Cardiology, Department of Medicine

### **Wayne Hwang, MD, FACC**

Deputy Section Chief, Section of Cardiology  
Director, Cardiac Wellness Clinic  
Director, Cardiac Catheterization Laboratory

### **Michael J. Longo, MD, FACC**

Section of Cardiology, Department of Medicine  
Director, Echocardiography Laboratory

### **Robert W. Rho, MD, FACC, FHRS**

Section of Cardiology, Department of Medicine

### **Alice Siqueira-Benzow, PharmD**

Pharmacist  
Section of Cardiology, Department of Medicine

### **Sara Weiss, MD**

Section of Cardiology, Department of Medicine

# Cardiovascular Update for the Primary Care Provider

The field of cardiology continues to evolve rapidly with the development of new tests, therapeutic drugs, devices and techniques. New treatment guidelines have been published in every major category of cardiac disease over the last three years, including updates in the management of atrial fibrillation, stable ischemic disease, unstable angina, myocardial infarction, valvular disease and heart failure. As the continued leading cause of death of both men and women in the U.S., cardiovascular disease is often initially diagnosed and co-managed by primary care physicians. This one-day course will review the appropriate use of risk stratification tools and testing modalities most commonly used in the diagnosis and treatment of cardiac disease, while also introducing the latest advancements in treatment. The newest data in predicting sudden cardiac death, coronary disease risk and perioperative cardiovascular complications will be discussed. Practical tips for ECG interpretation, evaluation of the patient with syncope, and the use of the new oral anticoagulants will also be presented. Teaching methods include lectures, breakout sessions and Q&A with faculty.

## TARGET AUDIENCE:

This course is appropriate for physicians in family practice, general practice and internal medicine. This course is also appropriate for allied health professionals with an interest in cardiovascular disease.

## OBJECTIVES:

At the conclusion of this activity, participants should be able to:

- Describe problems with prior epidemiologic studies of sudden cardiac death
- Summarize the options available for treatment of atrial fibrillation
- Discuss risk stratification and initial diagnostic testing for patients with angina
- Review appropriate use criteria for medical vs. invasive therapy for stable angina
- Identify drug and electrolyte induced ECG abnormalities
- Appropriately utilize preoperative beta blockers and stress testing
- Discuss key differences between the new target-specific anticoagulants
- Select patients that are most appropriate for coronary artery calcium testing
- Recognize the symptoms and pathophysiology of aortic stenosis and mitral regurgitation
- Review ECG patterns that should not be missed in patients with syncope



**Accreditation with Commendation:** Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Credit Designation:** Virginia Mason Medical Center designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). **Determination of credit is pending.**

## Agenda

- 7:00 a.m.** Registration opens, breakfast selection available
- 7:30 a.m.** **Grand Rounds Presentation: Redefining Sudden Cardiac Death: Insights from the San Francisco POST SCD Study** | Zian H. Tseng, MD
- 8:30 a.m.** Break
- 8:45 a.m.** **Introduction and Overview of Course Objectives** | Susie Woo, MD
- 8:50 a.m.** **Modern Management of Atrial Fibrillation: Version 2015**  
Christopher Fellows, MD
- 9:35 a.m.** **Detection and Management of Stable Angina** | Wayne Hwang, MD
- 10:20 a.m.** Break
- 10:35 a.m.** **WORKSHOP SESSION 1:**
- A. **ECG Pitfalls: Sudden Death, Healthy “Normals” and Everything in Between** | John Holmes, MD
  - B. **A Case-based Approach to Preoperative Cardiac Evaluation: Guideline Update** | Michael Longo, MD
  - C. **Target-Specific Oral Anticoagulants: Revolutionary or Risky?**  
Alice Siqueira-Benzow, PharmD
  - D. **Coronary Artery Calcium Scores: What’s in a Number?**  
Susie Woo, MD
- For videoconference participants, “A” is your Session 1 Workshop*
- 11:15 a.m.** Advance to next workshop
- 11:20 a.m.** **WORKSHOP SESSION 2:**  
Attend second workshop choice (see above)  
*For videoconference participants, “B” is your Session 2 Workshop*
- 12:00 p.m.** Lunch
- 12:40 p.m.** **Success with Failure: CHF Management in the Primary Care Office**  
Sara Weiss, MD
- 1:25 p.m.** **Clinical and Percutaneous Approach to Valvular Heart Disease**  
Michael Longo, MD
- 2:10 p.m.** Break
- 2:25 p.m.** **Syncope: How Do I Work Up and Treat My Patient Who Has Just Passed Out?** | Robert Rho, MD
- 3:10 p.m.** **Q&A with Faculty**  
Moderator: Susie Woo, MD  
Panel: Wayne Hwang, MD; Robert Rho, MD; Sara Weiss, MD
- 3:30 p.m.** Adjourn

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**LOCATION:** The course will be held at Virginia Mason in the Volney Richmond Auditorium in Lindeman Pavilion, Level One, 1201 Terry Avenue (between Seneca and University Streets) in Seattle, Washington. For further information, please contact the CME Department at (206) 341-0142 or e-mail [cme@virginiamason.org](mailto:cme@virginiamason.org).

**If you are a person with a disability or dietary restriction, please e-mail or call the office so we may assist in accommodating your needs.**

To register, complete the form below and send via:



**MAIL:**

Virginia Mason CME Dept.  
1100 9th Ave, D3-CME  
Seattle, WA 98101



**PHONE:** (206) 341-0142



**FAX:** (206) 341-1480



**E-MAIL:** [cme@virginiamason.org](mailto:cme@virginiamason.org)

**WEB:** [VirginiaMasonCME.org](http://VirginiaMasonCME.org)

**Cancellation and Refund Policy:** Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

## Registration

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*Please print clearly*

NAME \_\_\_\_\_ LAST 4 DIGITS OF SSN (OR VMMC ID) \_\_\_\_\_

DEGREE/CREDENTIALS \_\_\_\_\_ SPECIALTY \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

Please provide one question for the faculty: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

I will attend at the videoconferencing site in: \_\_\_\_\_  
*For information, call (206) 341-0142.*

Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.

**PAYMENT:**

**Tuition:** \$185.00

Check enclosed. Make check payable to Virginia Mason CME

Please charge my:  VISA  MasterCard  American Express  Discover

CARD NUMBER \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

CARDHOLDER NAME \_\_\_\_\_ SIGNATURE \_\_\_\_\_